



BenLawriesTravel

*Sample Tour: France
Typical 8 Day Itinerary*

Skiing Trips

Tailor-Made



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An overseas Ski Trip is a fantastic opportunity for school pupils to improve their skiing or snow boarding with 4.5 hours of lessons per day, a world apart from skiing in the Scottish Highlands! Ben Lawries Travel creates tailor made ski trips for all types of school groups to a variety of resorts in the Alps and further afield. Detailed below is just one example.

Skiing Trips – Les Menuires, France – 8 days

The resort of Les Menuires is located in the “Les Trois Vallees”, one of the biggest ski areas in the world, linking it to Val-Thorens, La Tania, Courcheval and Meribel. The ski area comprises of 160 kms of pistes which extend in altitude from 1,850m to 3,200m providing some of the best late skiing conditions in Europe.

Day 1 – Arrival Geneva

A mid-morning arrival into Geneva airport and transfer by private coach to the 2 star Hotel Pierre Blanche located in the resort of Les Menuires and just 50 metres from the nearest ski lift! Select and size your skis and boots at the local ski shop. The remainder of the day at leisure. *Dinner and overnight in Les Menuires.*

Day 2 – 1st Lesson/Swimming

After breakfast, check-in for your 1st 2.5 hour ski lesson at the local ski school based in Les Menuires. Each pupil will be put into an appropriate ski class according to their ability and after a few runs the instructor will quickly assess the level of the group. After your packed lunch there is a further 2 hours of ski lessons exploring some of the 62 slopes of Les Menuires. Visit the Sogevab Sports Centre for a swim and a sauna to ease those tired muscles. *Dinner and overnight in Les Menuires.*

Day 3 – Val Thorens/Cinema

After breakfast, take a morning expedition with your instructor and explore the vast ski fields and outstanding snow conditions of Val Thorens with 99% of the skiing being situated above 2,000 metres. In the afternoon, perfect your parallel turns and get an introduction to short swings. Dinner at your hotel and then relax and watch a movie at the cinema at Les Bruyeres. *Overnight in Les Menuires.*

Day 4 – Meribel/Ice Skating

After breakfast, take a day trip with your instructor over to Meribel, in the heart of the three valleys with its extensive lift system and 8 seater chairlift! Meribel is ideal for your intermediate skier and once again has a vast range of ski runs. Learn to ski in differing snow conditions and to be a more confident skier. Visit the ice skating rink in Les Menuires. *Dinner and overnight in Les Menuires.*

Day 5 – Courcheval

After breakfast, take a day trip over to Courcheval with your instructor, the largest ski area in the three valleys with 117 downhill ski runs with an accumulated length of 150 km's! Visit the canyons and dunes at Les Verdon, a place to have fun, to make progress and to discover the pleasure of jumps and turns against the slope. Ski back to Les Menuires and after your long hard days skiing spend the rest of the day at leisure. *Dinner and overnight in Les Menuires.*

Day 6 – Competition/Swimming

After breakfast join your instructor and prepare for and enter the Chamois and Flèche slalom tests – a great way to put to the test what you have learnt over the past 4 days. Head back to the Sogevab Sports Centre for another swim and a sauna. *Dinner and overnight in Les Menuires.*

Day 7 – Last Lesson/Disco

After breakfast have your last 4.5 hours of lessons with your instructor perfecting what you have learnt during the week. Dinner at your hotel and then enjoy your final evening at the Leeberty disco in Les Bruyeres. *Overnight in Les Menuires.*

Day 8 – Departure Geneva

Early breakfast and then transfer to Geneva airport for your homeward flight.

Guide Prices £660 per person including flights ex Edinburgh based on 7 nights full board. Ski and boot hire, a 6 day ski pass, 4.5 hours of ski lessons per day, coach transfers and insurance included.

The above itinerary is for illustration purposes only. All tours are tailor made to the requirements of the individual client.

Other Ski Tours

Austria 7 days – £690 per person

